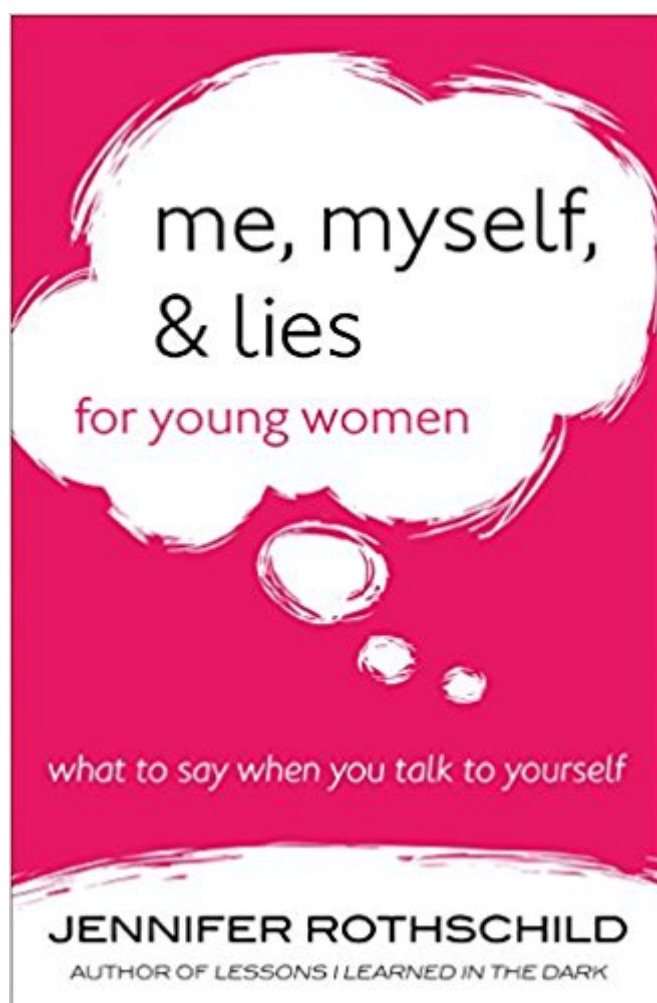


The book was found

# Me, Myself, And Lies For Young Women: What To Say When You Talk To Yourself



## Synopsis

What Do You Say When You Talk to Yourself Do the words you use when you talk to yourself ever sound like this? I'm not pretty enough... If only I was popular... I'll never be good enough... Whether you say it out loud or in your head, words like these will tear you down as a teen girl and make you feel like you don't matter. The truth is, you do matter! And you can learn how to tell yourself the truth with powerful soul talk – telling yourself the words that God Himself would say to you. With authenticity and wit, Jennifer Rothschild will help you live with confidence know what God's Word says about you feel comfortable in your own skin As you replace lies with God's truth, you'll be free to live the beautiful life God has planned for you.

## Book Information

Paperback: 192 pages

Publisher: Harvest House Publishers (May 1, 2017)

Language: English

ISBN-10: 0736964215

ISBN-13: 978-0736964210

Product Dimensions: 5.2 x 0.4 x 8 inches

Shipping Weight: 6.4 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 5 customer reviews

Best Sellers Rank: #26,977 in Books (See Top 100 in Books) #7 in [Books > Christian Books & Bibles > Children's & Teens > Teens > Inspirational](#) #28 in [Books > Teens > Religion & Spirituality](#) #4983 in [Books > Religion & Spirituality](#)

## Customer Reviews

Jennifer Rothschild has written 14 books, including the bestseller *Lessons I Learned in the Dark*. She's been featured on Good Morning America and Dr. Phil and is the founder of Fresh Grounded Faith events. Jennifer became blind at age 15 and now helps others live beyond limits.

I picked up this book in my attempt to read more diverse books that are outside of my faith, and in some cases also outside of my comfort zone. But what I found instead was a universally gentle book on teaching young teens and women their personal value, no matter what faith. Sure, there was a mentioning of the Bible, and references to the Scriptures, which is what I expected with a title from that genre, but it wasn't pushy and in your face, as some other books with religious undertones I have read in the past. *The Author of Me, Myself And Lies For Young Women*

Jennifer Rothchild, had a very firm grasp about how and what her target audience thinks, what they do, and which kind of world they live in and that was refreshing. After just having finished a book that did not take the time to clearly identify with whom it was meant to serve, it was great to read a book from an Author who did understand the importance of that concept! I love the metaphors that were used throughout the book to describe the message, centering around "cleaning out and filling your closet" with positive values and thoughts. The exercises presented in the book which would make good journal prompts for young women were contemporary and not preachy, but uplifting and well-formed. My favorite part was when she talked about labels, and stated that giving yourself positive and true labels are like wearing "designer labels". Quote: These are your designer labels, and they are the look that really works for you. Go ahead and try them on. Then look in the mirror and see how great they look on you! I really enjoyed reading this book, as it was uplifting, gentle, and stayed true in message and voice, fitting perfectly for the intended target audience, with a message that transcends faith and the importance of self-confidence, self-value, and self-esteem.

I really liked *Me, Myself and Lies for Young Women*. Unlike other books I've read, it does not focus on what other people say about you and how to deal with that, but with the things that you say to yourself. Jennifer Rothschild helps the reader discover when they tell themselves lies and drag themselves down. She then gives tips on how to talk to yourself and building yourself up with biblical truths. The style of writing is very good and appropriate for the intended reader. The examples are relatable and describe every day situations that every school-age girl knows. And the idea of having a "thought closet" might feel a little strange at first, but I think that it is a very good metaphor. This book would be a great gift for any young (Christian) girl (age 13-18). College age girls would probably also like it, but might feel a little too old for the example situations (but there is another version for older girls and women). It might also be fun to read it with a group of girlfriends and encourage each other.

Very well written book! Jennifer's positive attitude is contagious ! Glad I got the book!

Loved this book. Great ways to change your thinking

Great book

[Download to continue reading...](#)

Me, Myself, and Lies for Young Women: What to Say When You Talk to Yourself Me, Myself, and Lies: What to Say When You Talk to Yourself Keep It Shut Study Guide: What to Say, How to Say It, and When to Say Nothing At All Keep It Shut: What to Say, How to Say It, and When to Say Nothing at All How to Talk Dirty: Make Him Explode Whispering These 173 Dirty Talk Examples that Will Rock His World & Have Him on His Knees Begging You for Sex (Improve & Spice Up Your Sex Life - Dirty Talk) I Can Draw It Myself, By Me, Myself (Classic Seuss) Small Talk Made EASY!: How to Talk To Anyone Effortlessly and Talk with Confidence and Ease! Conversation: The Gentle Art Of Hearing & Being Heard - HowTo "Small Talk", How To Connect, How To Talk To Anyone (Conversation skills, Conversation starters, Small talk, Communication) If You Can't Say Something Nice, What Do You Say?: Practical Solutions for Working Together Better Me, Myself, and Lies: A Thought Closet Makeover (Bible Study Book) To Date a Man, You Must Understand Yourself: The Journey of Two Women: Dating Advice For Women (Relationship and Dating Advice for Women Book 10) How To Say No (For Teens) (When I Say No I Feel Guilty, Self Confidence, Teen Self Help, Self Help Books for Women, Social Skills Book 1) Lies the Gospels Told You (Lies of the Bible Book 2) How to Talk Dirty : Dirty Talk Examples, Secrets for Women and Men, Straight, Gay and Bi, Spice Up Your Sex Life and Have Mindblowing Sex: Great Sex Book, Series 1 Alexa: 1001 Hilarious Things to Say: All the Funniest Questions, Commands and Easter Eggs you can say to Alexa, Echo and Echo Dot. Your fun guide ... instructions (Alexa Fun Books Series) When They Say That, You Say This!: For Wedding and Portrait Photographers - The Strategy for Handling Sales Objections 30 Days to Taming Your Tongue: What You Say (and Don't Say) Will Improve Your Relationships I See You, I See Myself: The Young Life of Jacob Lawrence Oh Say Can You Say Di-no-saur?: All About Dinosaurs (Cat in the Hat's Learning Library) Oh, Say Can You Say?

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)